

Inner Brisbane Free Food Locations & Times

Services on Fri
27, Mon 30 and
Tue 31 are a bit
thin so try to
plan some
reserve meals

Dec-24						
Su	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Where good things happen at the start of the day

Jan-25						
Su	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

This information is provided by service organisations and is as accurate as is possible at the time of publication. Emerging circumstances may cause changes.

Alphabetical Listing of Closures and Special Opening Times

- >**3rd Space:** Closed 25, 26 & 27 Dec. Open 28-31 Dec. Closed 1 Jan. Reopen 2 Jan.
- >**Annerley Baptists** Monday 12:30 lunch. (No lunch 30 Dec) (Also no lunch 27 Jan)
- >**Community Connection & Belonging:** Community Lunch Baptist Church 560 Ipswich Rd Annerley Mondays 12:30pm Last Lunch 23 Dec. Closed 30 Dec. Restarts 6 Jan.
- >**Community Friends:** Cnr Vulture St & Thomas St West End (Bunyapa Park). Usually 3-4 days' worth of food/person. e.g. meat, hot takeaway meals, bag of fruit & vegetables, bag of non-perishable items (cans, pasta, rice, pasta sauce etc.) Bread, cake, drinks & other items also available. Suggested arrive 2:30pm for a 3:00pm start. One weeks break in New Year. Details to be sorted but certainly open on 15th Jan.
- >**Drug ARM:** Shut Down 24 Dec. Restarts 3 Jan
- >**Emmanuel City Mission:** Last day 25 Dec. Restarts Sun 5 Jan.
5:15pm Worry St, 5:30 Anne St Cathedral, 5:45 Park Hotel, Roma St 6pm
- >**Fishers of Men:** [hot meal, fruit, blankets, clothes] 6:15-7:10pm Emma Miller Place, (Roma St Parklands); 7:15-7:25pm St John's Cathedral; 7:25pm Worry Street; 7:45pm Avondale Private Hotel; 8pm Roma House/Park Hotel/Brick Housing. Last day 22 Dec. Restarts Sun 2 Feb. with super special community meal at Rochedale (transport to and from available) then resumes normal inner City services (Wed & Sunday) after that.
- >**Food Not Bombs:** Fri 6:30-8ish pm Bunyapa Park West End – Vegetarian Food. No meal on 27th.
- >**Gateway Baptist City Campus Brunch:** Level 1, 81 Elizabeth St. City. 9:30-11:30am Hot food Hot food, Chats. Good hot meal and engaging friendly people. Last Day 28 Nov. Closed all January. Restart 6 Feb.
- >**Holy Trinity Pantry:** closed from Sat 22/12 until 31/12. In Jan 2025, only open on Thursdays for financial assistance/food parcels
- >**Hope Café Community Meal** at Kurilpa Hall 174 Boundary St. West End. Last lunch 17 Dec. Restarts 7 Dec.
- >**Jeays Street Community Centre:** Closes 20 Dec Reopens 6 Jan.
- >**Kangaroo Point Uniting Church:** Groceries and fortnightly Sat Night Pie van: closed over Xmas Week. Restarting sometime after first week in 2025.
- >**Missionaries of Charity:** ("The Nuns") Last Meal Sat 14 Dec (See Special Party List below). Restarts New Year's Day BBQ 10:30am
- >**New Farm Neighbourhood Centre (and all Community community centres)** Last day 20 Dec. Reopens 6 Jan.
- >**Nudgee College BBQ:** Tue 6am TCB Stop One: Kemp Place, Ivory St, The Valley Last Day 17 Dec. Restart TBA
- >**Open House** (Wed Lunch, Salvos, Ann St, City): Last Open House 18 Dec. Resumes Wed 5 MARCH.
- >**Pantry Assist** by Anglican Church of Christ: 459 Annerley Road. Tues. 10-11:45am. Last day 17 Dec. Resumes 21 Jan.
- >**Red Cross Night Café:** 64 Adelaide St, City (for 12-25-year olds). Tue & Thur 6.30pm-8.30pm. Hot meals, hot showers, clothes market, referral pathways (brief intervention) & medical assistance. Last night 23 Dec. Reopens Tue 7 Jan. Hampers in 17th and 19th Dec before Xmas.
- >**St James College BBQ:** Wed 6:30am TCB Stop One: Kemp Place, Ivory St Valley has Stopped for year
- >**St Pauls Presbyterian Church:** Morning Tea (8-10am): Last Morning Tea 10 Dec. Resumes: 21 Jan. Tuesday afternoon Pantry last day 10 Dec Resumes 4 Feb 25.
- >**Street Feed:** 5:30pm(ish) All Saints Church Carpark, cnr Ann St & Wharf St. [Boxed Takeaway Meal, extras, cloths, toiletries]. XMAS party on last day 17 Dec. All Welcome. Restarts 7 Jan.
- >**StreetLevel:** last Day 24 Dec. Reopens 9 Jan. (i.e. no Sunday Roast in January).
- >**Street Light:** Thursday evenings, Emma Miller Place. Last day 19 Dec. Restarts 26 Jan.
- >**Village Church:** at St Pauls Church, St Pauls Tce, Spring Hill. Sit in hot meal. 6-7pm Thursdays. Last day 12th Dec. Restart 6 Feb. Pantry Closes 10 Dec and Reopens 4 Feb.
- >**Valley Hearts** Last Day Fri 20 Dec. Restarts Mon 27 Jan.
- >**Valley Outreach BBQ/Feast:** TCB Stop Three (Cnr Wickham Tce & Albert St, opposite Soho building): 5:30pm [Range of plated food, BBQ, drinks, extras.] Last BBQ/XMAS breakup: 20 Dec. Returns: 1st Fri In Feb. (7 Feb) (continued...)

>Wesley Mission QLD Emergency Relief: 316 St Pauls Tce, Fortitude Valley: Closes midday Friday 20 Dec. Reopens 9:30am 6 Jan. Last Tues Morning Hamburgers on 26 Nov, Restarts in first Tue in Feb.

>West End Community House (and other Community+ community centres): Closes: 23 Dec. Reopens: 6 Jan.

>West End Community House Backyard Breakfast: 6:45-8isham. 4 Norfolk Road, South Brisbane [Generous hot breakfast]. In the back yard. Special Xmas BBQ 19 Dec. No BBQ on 26 Dec or 2 Jan. Restarts 9 Jan.

Free Food Services that will continue over XMAS-New Year

>3rd Space is closed on **25/12, 26/12, 27/12 & 1/1/25**. Normal food services available otherwise

>Andy's Place: St Andrews Uniting Church Hall. Midday Saturday In Creek St, next to 299 Ann St, City.

>Andy's Place Drop-in Centre: St Andrews Uniting Church Hall: Thursdays 8am-11am. Light breky. Quiet, safe.

>Antiochian/Greek/Russian/Serbian Orthodox Church Rotating Outreach Service: 7pm Thur Emma Miller Place, City. [Hot boxed take away meal].

>Brisbane River City Rotary: Sundays 5:30-6:30pm. Jayes St Park, Bowen Hills [Hot Meals, Sandwiches, toiletries].

>Brisbane Youth Service: 1-4pm **518 Brunswick St, Fortitude Valley**. Not open public holidays or weekends.

>Community Canteen: 1pm Sun & 6:30pm Mon, Wesley Mission, Spring Hill. Special Lunch Xmas Day (see Below)

>Coffee Brigade Breakfast Van [2 sandwiches, 2 fruit, tea, coffee, milo, cup-of-soup].

Stop One: 6:30-7am opposite Fire Station, Ivory St, Fortitude Valley.

Stop Two: 7:10-7:25am Just outside the Holman St Ferry Terminal, Kangaroo Point. You can use the City Hopper to get to Stop2.

Stop Three: 7:40-8:10am Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building).

PLUS Extra Stop at Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed

>Community Canteen: 1pm Sun & 6:30pm Mon, Wesley Mission, Spring Hill.

>DigIn: 4:30pm Sat Boxed Meal, Ivory St, Fortitude Valley & Bunyapa Park, Vulture St, West End.

>Eddies Van Breakfast BBQ: Mon-Fri 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread]. (BUT NOT CHRISTMAS DAY – Other BBQ on site)

>Hope Ministries International: Mondays Sausage Sizzle 5:30ish-6ish pm Emma Miller Place, City.

Merciful Servants: 6:15pm Fri & Sun. Emma Miller Place (Cnr Roma St & Albert St, City).

>Rosies: Various Locations (See normal pamphlet) – subject to availability of volunteers, of course.

>Shah Satnam Ji Green: (Street Name 'The Indians'): Boxed Rice and mild curry vegetarian meal. Emma Miller Place 7am, South side under William Jolly Bridge 7:20pm; Musgrave Park 7:30pm

>St Mary's Coptic Orthodox Church Outreach Service: Wed. 7pm Roma Street (Opposite Brisbane Magistrate's Court) [Hot boxed take away meal].

>Street Care: Coffee Brigade's Stop3, Wickham Park, Spring Hill. Saturday 7-9am Brecky, clothing, toiletries

>Soul Purpose: 7am Sat Eastern side of Captain Burke Park BBQ area, Kangaroo Point.

>Wesley Brisbane Relief Hub Wednesday Night Community Meal: 316 St Pauls Tce, Fortitude Valley: 6:30pm. (but not Christmas Day – See Christmas Day Lunch List

End-Of-Year Meals (Not XMAS Day) Listed in Time Order

>StreetLevel: Christmas Lunch at South Brisbane **7 Dec**. Get ticket (if any left) from StreetLevel

>StreetCare: Christmas Lunch **14 Dec**. 4:30-6pm. Wickham Park. Hot Lunch, Sweets, treats, carols, entertainment. Free Swag bas and mattresses.

>Missionaries of Charity ('The Nuns'): Christmas Party; **14 Dec** starts 9:30am lunch 11:30 am Holy Spirit Primary School Hall 36 Villiers Street. New Farm. Please let them know you will be there if you can – for catering purposes.

>Soul Purpose: Christmas Party. 7am **Sat 14th Dec** Eastern side of Captain Burke Park BBQ area, Kangaroo Point.

>3rd Space: XMAS Lunch on **18 Dec** 11:30am-2pm.

>New Farm Neighbourhood Centre: Christmas Lunch **Tue 17 Dec** 9am-12pm.

>Street Feed: 6pm Tue Tea Coffee. 5:30pm All Saints Church Carpark, cnr Ann St & Wharf St. **17 Dec**.

>Yeronga Community Centre, 62 Park Rd, Yeronga. Christmas Lunch **18 Dec**. Starts 12:30pm

>Community Bardon Christmas Lunch: **18 Dec**. start around 11:30am. Try booking a free bus seat from New Farm Neighbourhood Centre.

>StreetLevel: Special Roast Dinner **19 Dec** 5pm.

>West End Community House Backyard Breakfast: 6:45-8am. 4 Norfolk Road, South Brisbane. Special BBQ. **19 Dec**

>Valley Hearts & Holy Trinity Community Table: 9 Church Street, Fortitude Valley **19 Dec** midday

>Valley Outreach: Cnr Wickham Tce & Albert St, opposite Soho building: 5:30pm Fri Xmas breakup: **20 Dec**.

>Community Connection & Belonging: Community Lunch Baptist Church 560 Ipswich Rd Annerley Mondays 12:30pm Christmas Lunch **23 Dec**.

>Fishers of Men: **Sun 22 Dec**. Special Meal, presents, carols - 5:15pm Worry St, 5:30 Anne St Cathedral, 5:45 Park Hotel, Roma St 6pm

Early year treat: Free Grill'd Berger. 4:30-8pm. Up escellator Wintergarden, City Mall. 7 January 2025



XMAS Day Meals (Wednesday)

Coffee Brigade van usual places and times. **BBQ Wickham Tce TCB Stop3** 6:30am (to be confirmed)

Community Friends: Cnr Vulture St & Thomas St West End (Bunyapa Park). Christmas Day 7:30am to 5:30pm both breakfast & lunch. A GREAT WAY TO START XMAS DAY!

Wesley House: Albert Street Uniting Church Christmas Lunch. Midday-1:30pm. 140 Ann Street City. Free coffee from front café before midday

>Community Canteen & Wesley Mission Brisbane Relief Hub: Christmas day lunch Midday 316 St Pauls Tce, Fortitude Valley. Limited Seats

Boxing Day Thursday 26 Dec

Coffee Brigade van usual places and times Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed. Note: Coffee Brigade plans to have an extra meal packs for distribution after Christmas Day

Eddies Van Breakfast BBQ: 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread].

Andy's Place Drop-in Centre: St Andrews Uniting Church Hall: 8am-11am, Creek St, next to 299 Ann St, City. Light ("Aussie Continental") breakfast; tea/coffee/snacks; toiletry items; activities/board games/chats.

Antiochian/Greek/Russian/Serbian Orthodox Church Rotating Outreach Service: 7pm Emma Miller Place. [Hot boxed take away meal].

Rosies+Orange Sky: Musgrave Park, Russell St Entrance. 7-9pm [hot/cold drinks, hygiene products, biscuits, friendship/chats, laundry]. (if volunteers are available)

Friday 27 December

Coffee Brigade van usual places and times Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed.

Eddies Van Breakfast BBQ: 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread].

Merciful Servants: 6:15pm Emma Miller Place (Cnr Roma St & Albert St, City) [Hot meal, drinks, food pack, fruit].

Saturday 28 December

Coffee Brigade van usual places and times Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed.

Eddies Van Breakfast BBQ: 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread].

Soul Purpose: Brekky by the Bridge 6:30-8am Under the Story Bridge: Eastern side of Captain Burke Park BBQ area, Kangaroo Point. Hot & cold breakfasts and grocery giveaways every Saturday. Prayers & blessings.

3rd Space Café during day

Andy's Place: St Andrews Uniting Church Hall: 11:30am-1pm, Creek St, next to 299 Ann St, City. Meals from 12 noon. [main & dessert, hot/cold drink fruit & snack] Free toiletries etc. Gluten Free & vegetarian options

Dig-In: 4:30-5pm **2 locations.** Kemp Place, Ivory St, Fortitude Valley (Opposite the Valley Fire Station Hot boxed T/away main & extras. Can get a few meals for the week

Emma Miller Place: Alpha & Omega Outreach: 'A&Ω' 5pm [Hot Boxed Meal, cold drinks blankets].

Sunday 29 December

Coffee Brigade van usual places and times Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed.

Eddies Van Breakfast BBQ: 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread]

3rd Space Café during day

Community Canteen: 1pm Wesley Mission Brisbane Relief Hub [Take Away boxed meal].

Merciful Servants: Emma Miller Place (Cnr Roma St & Albert St, City. 5:15pm [Hot meal, drinks, food pack, fruit].

Brisbane River City Rotary: 5:30-6:30ish pm. Jayes St Park, Bowen Hills [Hot Meals, Sandwiches, Biscuits & toiletries].

Fishers of Men: [hot meal, fruit, bread, blankets, clothes] 5:15pm Worry St, 5:30 Anne St Cathedral, 5:45 Park Hotel, Roma St 6pm

Shah Satnam Ji Green: (Street Name 'The Indians'): Emma Miller Place 7am, South side under William Jolly Bridge 7:20pm; Musgrave Park 7:30pm. [Boxed Rice and mild curry vegetarian meal].

Rosies: Emma Miller Place, City. 7-8:30pm [hot/cold drinks, hygiene products, biscuits, friends & chats].

Orange Sky Launder & Showers

Wickham Park (TCB stop 3) Mon, Thu, Sat, Sun 6:30-8:30am; Russell St Musgrave Park: Tue.& Thurs 7-9pm Sun 6-8pm; Holy Trinity, Valley: Mon 4-5:30pm (Laundry Only); Thurs 10:15-12am; Ivory St Valley Fri 6:30-8:30am; Sat 3-5pm; Bunyapa Park, West End: Wed 2-4pm

Monday 30 December

Coffee Brigade van usual places and times Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed.

Eddies Van Breakfast BBQ: 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread].

3rd Space Café during day

Hope Ministries International: Sausage Sizzle 5:30ish-6ish pm Emma Miller Place, City.

Community Canteen: 6:30-7pm Wesley Mission building 316 St Pauls Terrace, Fortitude Valley (Warry St Corner, Green tiled roof). [Boxed take away meal].

Rosies: 9 Church Street, Fortitude Valley. 3:30-5pm & 7:30-9:30pm Emma Miller Place, City [hot/cold drinks, hygiene products, biscuits, friends & chats].

Tuesday 31 December

Coffee Brigade van usual places and times Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed.

Eddies Van Breakfast BBQ: 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread].

3rd Space Café during day

Rosies: Churches of Christ, 459 Annerley Road. 9-11am. [hot/cold drinks, hygiene products, biscuits, friends & chats].

One Voice Van: 6:45pm Emma Miller Place. Free Hot Showers.

Rosies: Musgrave Park, Russell St Entrance. 7-9pm [hot/cold drinks, hygiene products, biscuits, friends & chats].

New Year's Day Meals Wednesday 1 January

Coffee Brigade van usual places and times Bunyapa Park, West End 8:20-8:45am 26 Dec-4 Jan while Emmanuel City Mission is closed.

Eddies Van Breakfast BBQ: 6:45am TCB Stop Three: Top of Wickham Park (Cnr Wickham Tce & Albert St, opposite Soho building) [Sausages/patty, eggs, bread].

Missionaries of Charity ("The Nuns"): 10am-11ish 92 Warry St, Spring Hill [The Famous New Year's Day BBQ]

NorthWest Community Group 6-8pm Musgrave Park. West End. [Burgers & cold drinks & extras.]

St Mary's Coptic Orthodox Church Outreach Service: 7pm Roma St (Opposite Magistrate's Court) [Hot boxed meal].

Rosies: Emma Miller Place, City. 7:30-9:30pm [hot/cold drinks, hygiene products, biscuits, friends & chats].

Showers

3rd Space & New Farm Neighbourhood Centre offer free hot showers (when open).

Emmanuel City Mission offers free hot showers when open except on Sundays. (Closed 26/12. Restarts Sun 5 Jan) i.e. You can get a hot shower on Christmas Day in the morning.

One Voice Van offers free hot showers 6:45pm Tues & Wed Emma Miller Place & Thurs at Musgrave Park, West End. Delivery over December is subject to availability of volunteers.

Orange Sky: (Laundry & showers) No planned changes to services. See Box ad bottom of page 3 for times and places
Cold showers are available at Southbank City Beach during the day, including public holidays like 25-26 Dec & 1 Jan.

Hampers.

NOTE: Due to increased demand throughout this year, some organisations not listed here are limiting hampers to established clients. If you are a regular client of an organization, it may be worth asking about a hamper directly.

Brisbane Relief Hub (Wesley Mission QLD Emergency Relief): RED BAGS (non-perishable Xmas food items suitable for a Christmas meal) distribution starts Mon 9 Dec until midday Fri 20 Dec. Opening hours: 9:30am-12 noon & 1-3pm, Mon to Fri. No appointment necessary.

For **Christmas toys**, booking for appointments will be taken from Mon 20 Nov. Children must be under 16 years. Applicants must be the parent/ guardian with custody of the children. Proof of identification (1 photo or 2 non-photo), proof of low income (Centrelink card or bank statement), and proof of custody (e.g. children listed on Centrelink card) must be presented. You can book an interview for toys by contacting the Relief Hub if you want.

>Red Cross Night Café: 64 Adelaide St, City (for 12-25-year olds). Tue & Thur 6.30pm-8.30pm. Hot meals, hot showers, clothes market, referral pathways (brief intervention) & medical assistance. Hampers in 17th and 19th Dec before Xmas.

Streetlevel: 17 & 18 December. Hampers for community members who have registered to receive one

Holy Trinity Pantry: Food Parcels with Christmas hampers from 5 December while stocks last.

Brisbane Youth Service: 518 Brunswick St, Fortitude Valley. XMAS Hampers for eligible young people (12-25yrs)

SIGNAL FLARE Christmas BBQ. SUNDAY 8 December. Musgrave Park 11am-1pm

Shuttle Busses to and from Common Ground, Bowman Johnson Hotel, Emmanuel City Mission, Yumba Hotel, 47 Warry Street, Fortitude Valley, Wesley Outreach Center, 316 St Pauls Tce.,
New Farm Neighbourhood Centre, 3rd Space.
Lots of things happening, food, health, legal advice, haircuts - including kids toys for presents.

HEALTH SERVICES

EMERGENCY: 000 | Non-urgent medical 13 43 25 84 | Non-Emergency Ambulance: 131233

Dr Juergen Landmann: Emmanuel City Mission Fri 9am-1pm on Fridays when Mission is open.

Dr Nancy: New Farm Neighbourhood Centre (if open): Tue & Thur 9am-1pm

Hope Street Medical Centre, South Brisbane. A range of health services. General Practice closed 25-27Dec and 1 Jan, other wellness services closed 24 Dec-13 Jan.

Anglicare Nurse Clinic: 3rd Space 505 Brunswick St, Valley M-F. 9-11:30am – closed 25, 26, 27 Dec and 1 Jan and 3 Jan

St Vincent's Community Services Nurse: Emmanuel City Mission (if open) Tue & Thur mornings until Lunch,

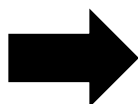
Micah Nurses Emma Miller Place, City every night 6pm-8:30pm & various street locations when food vans there.

In urgent situations, Community Nurses can get access to GPs if no scheduled clinic is available.

***Brisbane City Nurse-led Walk-in Clinic:** 316 Adelaide Street, City. (The 'Valley end of Adelaide Street, behind Air Nugini office'). Non-life-threatening conditions.

Open 8am-10pm 7 days a week (**but closed Christmas day**). No Medicare Card needed.

Free. NEW



Two Health Services Open every day of the year Including Christmas Day:

NOTE best to present at least an hour before service closes

***Medicare Urgent Care Clinic:** Level 4, 20 Cornwell St, Woolloongabba. 8am-8pm.

For non-life-threatening conditions. Some access to GPs but no scripts issued:

No appointment necessary. Bulk Billing. Ph 33461315. **Free.** Catch 196 bus, get off at Noble St, Stop 13A. Located on the back end of the block with the PA Hospital. **NEW**

***Our Medical Annerley** 364 Ipswich Road 8am-10pm. No appointment necessary.

Bulk Billed. Full GP service including issuing of scripts. The 100 bus will get you there from the City or Cultural Centre (for example).

* Waits for treatment of non-life-threatening illnesses at hospital emergency services can be very long - especially at this time of year. Try to use the services above if you need medical help but are not in an emergency – the waiting time (and the frustration) will be far less.

CRISIS HELP CONTACTS:

Immediate emergency POLICE, FIRE, AMBULANCE phone 000

BeyondBlue 1300 224 636 | LifeLine: 131 114 | Homeless Hotline 1800 474 753

AngliCare Women & Youth Homeless Shelters: 1300 610 610

Sexual Assault 1800 010 120

Kids Helpline 1800 551 800

Mental Health access line: 1300 642255

Domestic Violence Helpline: (Confidential safe places for women & children & strong help to end DV)

WomensLine 1800 811 811

MensLine 1800 600 636